Health observances are special days, weeks, or months used to raise awareness of important health topics. Examples include the Great American Smokeout and World AIDS Day.

2013 National Health Observances:
• Year at a Glance provides a summary of health observances by month.
• The Complete Calendar includes full listings by month and date, including contact information for the sponsoring agencies. The Complete Calendar is also available in PDF.

Attention health professionals, teachers, and community groups!
By supporting National Health Observances, you can:
• Educate the public about health risks
• Organize successful health promotion events and campaigns
• Get new ideas, information, and resources on health topics of interest

Contact the sponsoring organization to request outreach materials and information.

Disclaimer:
Information appearing in this document does not represent endorsement by the Office of Disease Prevention and Health Promotion (ODPHP) or the U.S. Department of Health and Human Services (DHHS), which are not responsible for naming or approving national health observances. For more information about an observance, please contact the sponsoring organization directly.

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2013 National Health Observances

U.S. Department of Health and Human Services Public Affairs Contacts

Press Office of the Secretary
(202) 690-6343

Office of the Assistant Secretary for Health
  Director of Communications
  (202) 205-0143
  National Vaccine Program Office
  (202) 690-5566
  Office of Disease Prevention and Health Promotion
  (240) 453-8280
  Office of HIV/AIDS Policy
  (202) 690-5560
  Office of Human Research Protections
  (240) 453-6900
  Office of Minority Health
  (240) 453-2882
  Office of Population Affairs
  (240) 453-2800
  Office of Research Integrity
  (240) 453-8200
  Office of the Surgeon General
  (240) 453-6141
  Office on Women’s Health
  (202) 690-7650
  President’s Council on Fitness, Sports and Nutrition
  (240) 276-9567

Administration for Children and Families
(202) 401-9215

Administration on Aging
(202) 401-4541

Agency for Healthcare Research and Quality
(301) 427-1104

Agency for Toxic Substances and Disease Registry
(404) 498-0070

Centers for Disease Control and Prevention
(404) 639-3286

Centers for Medicare & Medicaid Services
(202) 690-6145

Food and Drug Administration
(301) 796-4540

Health Resources and Services Administration
(301) 443-3376

Indian Health Service
(301) 443-3593

National Institutes of Health
(301) 496-5787

Substance Abuse and Mental Health Services Administration
(240) 276-2130
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## 2013 National Health Observances

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<td>National School Breakfast Week</td>
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<td>National Tsunami Preparedness Week</td>
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<td>American Diabetes Alert Day</td>
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⁶⁻¹⁰ National Sleep Awareness Week starts on March 3 and ends on March 10.

World Kidney Day is observed on March 14.

World Tuberculosis Day is observed on March 24.
# 2013 National Health Observances

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# 2013 National Health Observances

## May

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<td>13 – 17 National Neuropathy Awareness Week</td>
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<td>13 – 19 National Stuttering Awareness Week</td>
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<td>26 – June 1 National Hurricane Preparedness Week</td>
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### 2013 National Health Observances

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<td>10 – 16 Men’s Health Week</td>
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# 2013 National Health Observances

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**28 World Hepatitis Day**
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<td>15 – 21 National Rehabilitation Awareness Celebration</td>
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2013 National Health Observances

September

13 National Celiac Disease Awareness Day

27 RAINN Day

27 Sport Purple For Platelets Day

28 World Rabies Day
## 2013 National Health Observances

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<td>7 – 11 Drive Safely Work Week</td>
<td>7 – 13 Mental Illness Awareness Week</td>
<td>9 Walk to School Day</td>
<td>12 – 20 Bone and Joint Health National Awareness Week</td>
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<td>22 International Stuttering Awareness Day</td>
<td>23 – 31 Red Ribbon Week</td>
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- **November 21**: Great American Smokeout
- **November 24 – 30**: Gastroesophageal Reflux Disease Awareness Week
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2013 National Health Observances

January

National Birth Defects Prevention Month
National Birth Defects Prevention Network
14781 Memorial Drive, #1561
Houston, TX 77079
nbdpn@nbdpn.org
http://www.nbdpn.org
Materials available
Contact: NBDPN Education and Outreach Committee

National Glaucoma Awareness Month
Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
http://www.preventblindness.org
Materials available
Contact: PBA Vision Health Resource Center

National Radon Action Month
U.S. Environmental Protection Agency
1200 Pennsylvania Avenue NW, MC 6609J
Washington, DC 20460
(202) 343-9051
(202) 343-2394 Fax
http://www.epa.gov/radon/nram
Materials available
Contact: Lou Witt

Thyroid Awareness Month
American Association of Clinical Endocrinologists
245 Riverside Avenue, Suite 200
Jacksonville, FL 32202
(904) 353-7878
(904) 404-4207 Fax
dmousa@aace.com
http://www.thyroidawareness.com
Materials available
Contact: Dalia Mousa

National Folic Acid Awareness Week
National Council on Folic Acid
c/o Spina Bifida Association
4590 MacArthur Boulevard NW, Suite 250
Washington, DC 20007
(800) 621-3141 x13
(202) 944-3285 x13
(202) 944-3295 Fax
ncfa@sbaa.org
http://www.folicacidinfo.org
Materials available
Contact: None designated
2013 National Health Observances

**February**

**AMD/Low Vision Awareness Month**
Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
http://www.preventblindness.org
Contact: PBA Vision Health Resource Center

**International Prenatal Infection Prevention Month**
Group B Strep International
11 El Dorado Court
Pomona, CA 91766
(909) 620-7214
(909) 620-5557 Fax
info@gbs-intl.org
http://www.groupbstrepinternational.org
Contact: Marti Perhach

**National Children’s Dental Health Month**
American Dental Association
211 East Chicago Avenue
Chicago, IL 60611-2637
(800) 621-8099
ncdhm@ada.org
http://www.ada.org/5578.aspx
Contact: None designated

**Teen Dating Violence Awareness Month**
Break the Cycle
5777 West Century Blvd., Suite 1150
Los Angeles, CA 90045
(310) 286-3383
(310) 286-3586 Fax
teendvmonth@breakthecycle.org
http://www.teendvmonth.org
http://www.breakthecycle.org
Contact: None designated

**National Wear Red® Day**
National Heart, Lung, and Blood Institute
Health Information Center
Attention: The Heart Truth
P.O. Box 30105
Bethesda, MD 20824-0105
(301) 592-8573
(301) 592-8563 Fax
nhlibinfo@nhlbi.nih.gov
http://www.nhlbi.nih.gov/health/hearttruth
Contact: Information Specialist
FEBRUARY (continued)

7
National Black HIV/AIDS Awareness Day
Healthy Black Communities, Inc.
964 Ralph David Abernathy, Suite C12
Atlanta, GA 30310-1833
(404) 454-5469
info@blackaidsday.org
http://www.blackaidsday.org
Materials available
Contact: LaMont Evans

7 – 14
Congenital Heart Defect Awareness Week
Congenital Heart Information Network
101 North Washington Avenue, Suite 1A
Margate City, NJ 08402
(609) 882-1572
(609) 822-1573
(609) 822-1574 Fax
mb@tchin.org
http://www.tchin.org/aware
Materials available
Contact: Mona Barmash

14
National Donor Day
Division of Transplantation, Healthcare Systems Bureau
Health Resources and Services Administration
U.S. Department of Health and Human Services
Parklawn Building, Room 12C-05
5600 Fishers Lane
Rockville, MD 20857
(888) 275-4772
(703) 821-2098 Fax
ask@hrsa.gov
http://www.organdonor.gov
Materials available
Contact: Division of Transplantation Staff
March

National Colorectal Cancer Awareness Month
Prevent Cancer Foundation
1600 Duke Street, Suite 500
Alexandria, VA  22314
(800) 227-2732
(703) 836-4412
(703) 886-4413 Fax
sarah.abou@preventcancer.org
http://www.preventcancer.org
Materials available
Contact:  Sarah Abou-El-Seoud

National Endometriosis Awareness Month
Endometriosis Association
8585 North 76th Place
Milwaukee, WI  53223
(800) 992-3636
(414) 355-2200
(414) 355-6065 Fax
carol@endometriosisassn.org
http://www.endometriosisassn.org
Materials available
Contact:  Carol Drury

National Nutrition Month®
Academy of Nutrition and Dietetics
120 South Riverside Plaza, Suite 2000
Chicago, IL  60606-6995
nnm@eatright.org
http://www.eatright.org/nnm
Materials available
Contact:  Knowledge Center

Save Your Vision Month
American Optometric Association
243 North Lindbergh Boulevard, First Floor
St. Louis, MO  63141
(800) 365-2219
(314) 991-4100
(314) 991-4101 Fax
mcbryson@aoa.org
http://www.aoa.org/x5072.xml
Materials available
Contact:  Susan Thomas

Trisomy Awareness Month
Support Organization for Trisomy 18, 13 & Related Disorders
2982 South Union Street
Rochester, NY  14624-1926
(800) 716-SOFT -7638
(585) 594-4621
(585) 594-1957 Fax
barbsoft@rochester.rr.com
http://www.trisomy.org
Materials available
Contact:  Barb Vanherreweghe

Workplace Eye Wellness Month
Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
http://www.preventblindness.org
Materials available
Contact:  PBA Vision Health Resource Center
MARCH (continued)

3 – 10
National Sleep Awareness Week®
National Sleep Foundation
1010 North Glebe Road, Suite 310
Arlington, VA 22201
(703) 243-1697
nsf@sleepfoundation.org
http://www.sleepfoundation.org/event/national-sleep-awareness-week-2013
Materials available
Contact: Tom Clifford

4 – 8
National School Breakfast Week
School Nutrition Association
120 Waterfront Street, Suite 300
National Harbor, MD 20745
(800) 877-8822
(301) 686-3100
(301) 686-3115 Fax
servicecenter@schoolnutrition.org
http://www.schoolnutrition.org/nsbw
Materials available
Contact: Laura Maynard

11 – 17
Brain Awareness Week
Dana Alliance for Brain Initiatives
505 Fifth Avenue, 6th Floor
New York, NY 10017
(212) 401-1689
(212) 593-7623 Fax
bawinfo@dana.org
http://www.dana.org/brainweek
Materials available
Contact: Kathleen Roina

14
World Kidney Day
National Kidney Foundation
30 East 33rd Street
New York, NY 10016
(800) 622-9010
(212) 889-2210
(212) 889-2310 Fax
info@kidney.org
http://www.kidneyday.org
Materials available
Contact: None designated

18 – 22
Flood Safety Awareness Week
National Oceanic and Atmospheric Administration
National Weather Service
Office of Climate, Water, and Weather Services
1325 East-West Highway, Room 13142
Silver Spring, MD 20910
(301) 713-1677 x124
deborah.jones@noaa.gov
http://www.nws.noaa.gov/floodsafety/index.shtml
Materials available
Contact: None designated

18 – 22
National Youth Violence Prevention Week
National Association of SAVE
322 Chapanoke Road, Suite 110
Raleigh, NC 27603
(866) 343-SAVE (7283)
(919) 661-7800
(919) 661-7777 Fax
info@nationalsave.org
http://nationalsave.org/event/national-youth-violence-prevention-week
Materials available
Contact: None designated
2013 National Health Observances

MARCH (continued)

18 – 24
National Poison Prevention Week
Poison Prevention Week Council
515 King Street, Suite 510
Alexandria, VA 22314
(703) 894-1858
(703) 683-2812 Fax
wilsonwells@aapcc.org
http://www.poisonprevention.org/poison.htm
Materials available
Contact: Courtney Wilson

24 – 30
National Tsunami Preparedness Week
National Oceanic and Atmospheric Administration
National Weather Service
Office of Climate, Water, and Weather Services
1325 East-West Highway, Room 13142
Silver Spring, MD 20910
(301) 713-1677 x124
deborah.jones@noaa.gov
http://www.tsunami.gov
Materials available
Contact: Deborah Jones

26
American Diabetes Alert Day
American Diabetes Association
1701 North Beauregard Street
Alexandria, VA 22311
(800) DIABETES (342-2383)
(703) 549-1500
(703) 549-6995 Fax
askada@diabetes.org
Materials available
Contact: Local Chapters

24
World Tuberculosis Day
Stop TB Partnership (Secretariat)
World Health Organization HTM/STB/TBP
20, avenue Appia
CH-1211 Geneva 27
SWITZERLAND
+(41) 22 791 2690
+(41) 22 791 4886 Fax
stoptbinfo@who.int
http://www.stoptb.org/events/world_tb_day
Materials available
Contact: None designated
2013 National Health Observances

April

Alcohol Awareness Month
National Council on Alcoholism and Drug Dependence, Inc.
244 East 58th Street, 4th Floor
New York, NY 10022
(800) NCA-CALL (622-2255) (24-hour helpline)
(212) 269-7797
(212) 269-7510 Fax
national@ncadd.org
Materials available
Contact: None designated

Irritable Bowel Syndrome Month
International Foundation for Functional Gastrointestinal Disorders
700 West Virginia Street, #201
Milwaukee, WI 53204
(888) 964-2001
(414) 964-1799
(414) 964-7176 Fax
iffgd@iffgd.org
http://www.aboutibs.org/site/about-ibs/april-ibs-awareness-month
Materials available
Contact: Nancy Norton

National Autism Awareness Month
The Autism Society
4340 East West Highway, Suite 350
Bethesda, MD 20814-3067
(800) 3-AUTISM (328-8476)
(301) 657-0881
(301) 657-0869 Fax
info@autism-society.org
Materials available
Contact: Jennifer Repella

National Child Abuse Prevention Month
Child Welfare Information Gateway
Children’s Bureau ACYF, HHS
1250 Maryland Avenue SW, 8th Floor
Washington, DC 20024
(800) 394-3366
info@childwelfare.gov
http://www.childwelfare.gov/preventing/preventionmonth/index.cfm
Materials available
Contact: None designated

National Distracted Driving Awareness Month
FocusDriven
P. O. Box 45333
Omaha, NE 68145
(603) 775-2405
info@focusdriven.org
http://www.focusdriven.org/index.aspx
Materials available
Contact: None designated

National Donate Life Month
Division of Transplantation, Healthcare Systems Bureau
Health Resources and Services Administration
U.S. Department of Health and Human Services
Parklawn Building, Room 12C-05
5600 Fishers Lane
Rockville, MD 20857
(888) 275-4772
(703) 821-2098 Fax
ask@hrsa.gov
http://www.organdonor.gov
Materials available
Contact: Division of Transplantation Staff
APRIL (continued)

National Facial Protection Month
American Association of Oral and Maxillofacial Surgeons
American Academy of Pediatric Dentistry
American Association of Orthodontists
9700 West Bryn Mawr Avenue
Rosemont, IL 60018-5701
(847) 678-6200
(847) 678-4619 (Fax)
inquiries@aaoms.org
http://www.aaoms.org
Materials available
Contact: AAOMS Communications

National Minority Health Month
Office of Minority Health
U.S. Department of Health and Human Services
P.O. Box 37337
Washington, DC 20013-7337
(800) 444-6472
(301) 251-1797
(240) 453-2883 Fax
info@minorityhealth.hhs.gov
http://minorityhealth.hhs.gov
Materials available
Contact: Information Specialist

Occupational Therapy Month
American Occupational Therapy Association, Inc.
4720 Montgomery Lane
Bethesda, MD 20814
(301) 652-6611
(800) 377-8555 TDD
(301) 652-7258 Fax
praota@aota.org
http://www.aota.org
Materials available
Contact: Katie Riley
Contact: None designated

Sports Eye Safety Awareness Month
American Academy of Ophthalmology
P.O. Box 7424
San Francisco, CA 94120-7424
(415) 447-0258
(415) 561-8533 Fax
eyemd@aao.org
http://www.geteyesmart.org/eyesmart/injuries/index.cfm
Materials available
Contact: Georgia Alward

STI Awareness Month
American Social Health
P. O. Box 13827
Research Triangle Park, NC 27709-3827
(919) 361-8400
(919) 361-8425 Fax
info@ashastd.org
http://www.ashastd.org/april-is-std-awareness-month.html
Materials available
Contact: ASHA Media Relations Office

1 – 7
National Public Health Week
American Public Health Association
800 I Street NW
Washington, DC 20001-3710
(202) 777-2428
(202) 777-2500 TTY
(202) 777-2532 Fax
nphw@apha.org
http://www.nphw.org
Materials available
Contact: None designated
2013 National Health Observances

APRIL (continued)

2
SAAM (Sexual Assault Awareness Month) Day of Action
National Sexual Violence Resource Center
123 North Enola Drive
Enola, PA 17025
(877) 739-3895
(717) 909-0710
(717) 909-0714 Fax
resources@nsvrc.org
http://www.nsvrc.org/saam/current-campaign/day-of-action
Materials available
Contact: Lauren Sogor

11
National Alcohol Screening Day®
Screening for Mental Health, Inc.
One Washington Street, Suite 304
Wellesley Hills, MA 02481
(781) 239-0071
(781) 431-7447 Fax
smhinfo@mentalhealthscreening.org
Materials available
Contact: None designated

20 – 27
National Infant Immunization Week
National Center for Immunization and Respiratory Diseases
Centers for Disease Control and Prevention
1600 Clifton Road NE, MS A27
Atlanta, GA 30333
(800) CDC-INFO (232-4636)
(404) 639-8200
(404) 639-8905 Fax
cdcinfo@cdc.gov
http://www.cdc.gov/vaccines/events/niiw/index.html
Materials available
Contact: Dwan Hightower

24
World Meningitis Day
Confederation of Meningitis Organisation
Telethon Institute for Child Health Research
P.O. Box 855
West Perth 6872
AUSTRALIA
+ 61 894897791
+ 61 894897705 Fax
lindag@ichr.uwa.edu.au
http://www.comoonline.org
Materials available
Contact: Linda Gibbs

29 – May 3
Air Quality Awareness Week
National Oceanic and Atmospheric Administration
National Weather Service
Office of Climate, Water, and Weather Services
1325 East West Highway, Room 13160
Silver Spring, MD 20910
(301) 713-1867 x135
jannie.g.ferrell@noaa.gov
http://www.airquality.noaa.gov
Materials available
Contact: Jannie G. Ferrell
May

Arthritis Awareness Month
Arthritis Foundation
P.O. Box 7669
Atlanta, GA 30357-0669
(800) 283-7800
(404) 872-0457 Fax
help@arthritis.org
Materials available
Contact: Carol Galbreath

Better Hearing and Speech Month
American Speech-Language-Hearing Association
2200 Research Boulevard, Mailstop 215
Rockville, MD 20850
(800) 498-2071
(301) 296-5700
(301) 296-8580 Fax
bhsm@asha.org
http://www.asha.org/bhsm
Materials available
Contact: None designated

Global Employee Health and Fitness Month
National Association for Health and Fitness
65 Niagara Square, Room 607
Buffalo, NY 14202
(716) 583-0521
(716) 851-4052
(716) 851-4309 Fax
wellness@city-buffalo.org
http://www.physicalfitness.org
Materials available
Contact: Philip Haberstro

Healthy Vision Month
National Eye Institute
National Institutes of Health
Building 31, Room 6A32
31 Center Drive
Bethesda, MD 20892
(301) 496-5248
(301) 402-1065 Fax
http://www.nei.nih.gov/healthyvisionmonth
Materials available
Contact: Linda Huss

Hepatitis Awareness Month
Division of Viral Hepatitis
Centers for Disease Control and Prevention
1600 Clifton Rd, G-37
Atlanta, GA 30033
(404) 718-8596
dvhwi@cdc.gov
http://www.cdc.gov/hepatitis
Materials available
Contact: None designated

Lupus Awareness Month
Lupus Foundation of America, Inc.
2000 L Street NW, Suite 410
Washington, DC 20036
(888) 385-8787
(202) 349-1155
(202) 349-1156 Fax
info@lupus.org
Materials available
Contact: Duane Peters
2013 National Health Observances

MAY (continued)

Melanoma/Skin Cancer Detection and Prevention Month®
American Academy of Dermatology
930 East Woodfield Road
Schaumburg, IL  60173
(888) 462-DERM (3376)
(847) 330-0230
(847) 330-8907 Fax
mediarelations@aad.org
http://www.spotskincancer.org
Materials available
Contact:  Allison Sit

Mental Health Month
Mental Health America
2000 North Beauregard Street, 6th Floor
Alexandria, VA  22311
(800) 969-6642
(703) 684-7722
(703) 684-5968 Fax
ameans@mentalhealthamerica.net
http://www.mentalhealthamerica.net/go/may
Materials available
Contact:  None designated

National Asthma and Allergy Awareness Month
Asthma and Allergy Foundation of America
8201 Corporate Drive, Suite 1000
Landover, MD  20785
(800) 7-ASTHMA (727-8462)
(202) 466-7643
(202) 466-8940 Fax
info@aafa.org
http://www.aafa.org
Materials available
Contact:  None designated

National Celiac Disease Awareness Month
American Celiac Disease Alliance
2504 Duxbury Place
Alexandria, VA  22308
(703) 622-3331
info@americanceliac.org
http://www.americanceliac.org
Materials available
Contact:  Andrea Levario

National High Blood Pressure Education Month
National Heart, Lung, and Blood Institute
Health Information Center
P.O. Box 30105
Bethesda, MD  20824-0105
(301) 592-8573
(301) 592-8563 Fax
nhlbiinfo@nhlbi.nih.gov
http://www.nhlbi.nih.gov
Materials available
Contact:  Information Specialist

National Mediterranean Diet Month
Oldways and the Mediterranean Foods Alliance
266 Beacon Street
Boston, MA  02116
(617) 421-5500
(617) 421-5511 Fax
gorcutt@oldwayspt.org
http://www.oldwayspt.org
Materials available
Contact:  Georgia Orcutt
MAY (continued)

National Osteoporosis Awareness and Prevention Month
National Osteoporosis Foundation
1150 17th Street NW, Suite 850
Washington, DC 20036
(800) 231-4222
(202) 223-2226
(202) 223-2237 Fax
communications@nof.org
http://www.nof.org
Materials available
Contact: Valerie Patmintra

National Toxic Encephalopathy and Chemical Injury Awareness Month
National Toxic Encephalopathy Foundation
P.O. Box 29194
Las Vegas, NV 89126
(702) 490-9677
angel@ntef-usa.org
http://www.ntef-usa.org
Materials available
Contact: Angel De Fazio

Ultraviolet Awareness Month
Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
http://www.preventblindness.org
Materials available
Contact: PBA Vision Health Resource Center

Preeclampsia Awareness Month
Preeclampsia Foundation
6767 North Wickham Road, Suite 400
Melbourne, FL 32940
(800) 665-9341
(321) 421-6957
(321) 821-0450 Fax
eleni.tsigas@preeclampsia.org
http://www.preeclampsia.org
Materials available
Contact: Eleni Tsigas

5 – 11
Children’s Mental Health Awareness Week
National Federation of Families for Children’s Mental Health
9605 Medical Center Drive, Suite 280
Rockville, MD 20850
(240) 403-1901
(240) 403-1909 Fax
ffcmh@ffcmh.org
http://www.ffcmh.org
Materials available
Contact: Sandra A. Spencer

5 – 11
North American Occupational Safety and Health Week
American Society of Safety Engineers
ASSE Public Relations Department
1800 East Oakton Street
Des Plaines, IL 60018-2187
(847) 699-2929
(847) 768-3413
(847) 296-3769 Fax
dhurns@asse.org
http://www.asse.org/naosh
Materials available
Contact: Diane Hurns
MAY (continued)

8
National Bike to School Day
National Center for Safe Routes to School
730 Martin Luther King, Jr. Blvd, Suite 300
Campus Box 3430
Chapel Hill, NC 27599-3430
(866) 610-SRTS (7787)
walk@walktoschool.org
http://www.walkbiketoschool.org
Materials available
Contact: Susan Byszeski

11
Cornelia de Lange Syndrome Awareness Day
CdLS-USA Foundation
302 West Main Street, #100
Avon, CT 06001
(800) 753-2357
(800) 223-8355
(860) 676-8166
(860) 676-8255
(860) 676-8337 Fax
outreach@cdlsusa.org
http://www.cdlsusa.org
Materials available
Contact: Marie Malloy

12 – 18
Food Allergy Awareness Week
Food Allergy & Anaphylaxis Network
11781 Lee Jackson Highway, Suite 160
Fairfax, VA 22033
(800) 929-4040
(703) 691-3066
(703) 691-2713 Fax
faaw@foodallergy.org
http://www.foodallergy.org
Materials available
Contact: Nancy Gregory

13 – 19
National Alcohol- and Other Drug-Related Birth Defects Awareness Week
National Council on Alcoholism and Drug Dependence, Inc.
217 Broadway, Suite 712
New York, NY 10007
(800) nca-call (622-2255) (24-hour affiliate referral)
(212) 269-7797
(212) 269-7510 Fax
president@ncadd.org
http://www.ncadd.org
Materials available
Contact: President

13 – 19
National Neuropathy Awareness Week
The Neuropathy Association
60 East 42nd Street, Suite 942
New York, NY 10165
(212) 692-0665
(212) 692-0668 Fax
info@neuropathy.org
http://www.neuropathy.org
Materials available
Contact: Natacha T. Pires

13 – 19
National Stuttering Awareness Week
Stuttering Foundation of America
1805 Moriah Woods Boulevard, #3
P.O. Box 11749
Memphis, TN 38111-0749
(800) 992-9392
(800) 967-7700
(901) 761-0484 Fax
info@stutteringhelp.org
http://www.stutteringhelp.org
Materials available
Contact: Jane Fraser
May (continued)

18 HIV Vaccine Awareness Day
National Institute of Allergy and Infectious Diseases
Division of AIDS Vaccine Research Program
6700-B Rockledge Drive, Room 4139
Bethesda, MD 20892
(301) 435-3732
(301) 402-1505 Fax
niaiddaidsscib@niaid.nih.gov
http://www.niaid.nih.gov
Materials available
Contact: NIAID SCIB

19 National Asian and Pacific Islander HIV/AIDS Awareness Day
The Banyan Tree Project
Asian & Pacific Islander Wellness Center
730 Polk Street, 4th Floor
San Francisco, CA 94109
(415) 292-3420 x352
(415) 292-3404 Fax
sapna@apiwellness.org
http://www.banyantreeproject.org
Materials available
Contact: Sapna Mysoor

20 World Autoimmune Arthritis Day
The International Autoimmune Arthritis Movement
646 South Barrington Avenue
Los Angeles, CA 90049
(877) 609-iaam (4226)
tiffany@iaamovement.org
http://www.worldautoimmunearthritisday.org
Materials available
Contact: Tami Brown

21 – 27 Recreational Water Illness and Injury Prevention Week
Waterborne Disease Prevention Branch
Division of Foodborne, Waterborne, and Environmental Diseases
National Center for Emerging and Zoonotic Infectious Diseases
Centers for Disease Control and Prevention
1600 Clifton Road, Mail Stop C-09
Atlanta, GA 30333
(404) 639-1700
(404) 718-4842 Fax
healthywater@cdc.gov
http://www.cdc.gov/healthywater/swimming/rwi/rwi-prevention-week
Materials available
Contact: Michele Hlavsa

24 Heat Safety Awareness Day
National Oceanic and Atmospheric Administration
National Weather Service
Office of Climate, Water, and Weather Services
1325 East-West Highway, Room 13160
Silver Spring, MD 20910
(301) 713-1867 x135
jannie.g.ferrell@noaa.gov
http://www.weather.gov/om/heat/index.shtml
Materials available
Contact: Jannie G. Ferrell

26 – June 1 National Hurricane Preparedness Week
National Oceanic and Atmospheric Administration
National Weather Service
Office of Climate, Water, and Weather Services
1325 East-West Highway, Room 13142
Silver Spring, MD 20910
(301) 713-1677 x124
deborah.jones@noaa.gov
http://www.nhc.noaa.gov
Materials available
Contact: Deborah Jones
29
National Senior Health & Fitness Day®
Mature Market Resource Center™
1850 West Winchester Road, #213
Libertyville, IL 60048
(800) 828-8225
(847) 816-8660
(847) 816-8662 (Fax)
info@fitnessday.com
http://www.fitnessday.com
Materials available
Contact: Gary W. Ford
June

Cataract Awareness Month
Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
http://www.preventblindness.org
Materials available
Contact: PBA Vision Health Resource Center

Men’s Health Month
Men’s Health Network
P.O. Box 75972
Washington, DC 20013
(202) 543-6461 x101
(202) 543-2727 Fax
info@menshealthweek.org
http://www.menshealthmonth.org
Materials available
Contact: Theresa Morrow

National Aphasia Awareness Month
National Aphasia Association
350 Seventh Avenue, Suite 902
New York, NY 10001
(800) 922-4622
(212) 267-2814
(212) 267-2812 Fax
naa@aphasia.org
http://www.aphasia.org
Materials available
Contact: Ellayne Ganzfried

National Congenital Cytomegalovirus Awareness Month
Stop CMV - The CMV Action Network
P. O. Box 62214
Sunnyvale, CA 94088-2214
(209) 712-9929
awareness@stopcmv.org
Materials available
Contact: Janelle Greenlee

National Safety Month
National Safety Council
1121 Spring Lake Drive
Itasca, IL 60143-3201
(800) 621-7615
(630) 775-2307
(630) 285-1315 Fax
media@nsc.org
http://www.nsc.org/nsm
Materials available
Contact: Debbie Riedner

National Scleroderma Awareness Month
Scleroderma Foundation
300 Rosewood Drive, Suite 105
Danvers, MA 01923
(800) 722-HOPE (4673)
(978) 463-5809 Fax
sfinfo@scleroderma.org
http://scf.convio.net/site/PageServer?pagename=SAW_ias
Materials available
Contact: National Office or Local Chapters
JUNE (continued)

1 – July 4
Fireworks Safety Month
Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
http://www.preventblindness.org
Materials available
Contact: PBA Vision Health Resource Center

2
National Cancer Survivors Day
National Cancer Survivors Day Foundation
P.O. Box 682285
Franklin, TN 37068
(615) 794-3006
(615) 794-0179 Fax
info@ncsd.org
http://www.ncsd.org
Materials available
Contact: None designated

2 – 8
National Rip Current Awareness Week
National Oceanic and Atmospheric Administration
National Weather Service
Office of Climate, Water, and Weather Services
1325 East-West Highway, Room 13142
Silver Spring, MD 20910
(301) 713-1677 x124
deborah.jones@noaa.gov
http://www.ripcurrents.noaa.gov/week.shtml
Materials available
Contact: Deborah Jones

10 – 16
Men’s Health Week
Men’s Health Network
P.O. Box 75972
Washington, DC 20013
(202) 543-6461 x101
(202) 543-2727 Fax
info@menshealthweek.org
http://www.menshealthmonth.org
Materials available
Contact: Theresa Morrow

19
World Sickle Cell Day
African American Blood Drive and Bone Marrow Registry for Sickle Cell Disease Awareness
P.O. Box 1275
Inglewood, CA 90308-1275
(323) 750-1087
aa4scdawareness@aol.com
http://aablooddriveandmarrowregistry4sicklecellawareness.webs.com/worldsickcellday.htm
Materials available
Contact: Nita Thompson

23 – 29
National Lightning Safety Awareness Week
National Oceanic and Atmospheric Administration
National Weather Service
Office of Climate, Water, and Weather Services
1325 East-West Highway, Room 13142
Silver Spring, MD 20910
(301) 713-0090 x141
donna.franklin@noaa.gov
http://www.lightningsafety.noaa.gov
Materials available
Contact: Donna Franklin
27
National HIV Testing Day
National Association of People with AIDS
8401 Colesville Road, Suite 505
Silver Spring, MD  20910-3349
(866) 846-9366
(240) 247-0880
(240) 247-0574 Fax
info@napwa.org
http://www.aids.gov/awareness-days/national-hiv-testing-day
Materials available
Contact:  None designated
July

Cord Blood Awareness Month
23110 Georgia Avenue
Brookeville, MD 20833
(301) 774-4915
info@parentsguidecordblood.org
http://www.parentsguidecordblood.org
Materials available
Contact: Dr. Frances Verter

International Group B Strep
Awareness Month
Group B Strep International
11 El Dorado Court
Pomona, CA 91766
(909) 620-7214
(909) 620-5557 Fax
info@gbs-intl.org
http://www.groupbstrepiinternational.org
Materials available
Contact: Marti Perhach

Juvenile Arthritis Awareness Month
Arthritis Foundation
P.O. Box 7669
Atlanta, GA 30357-0669
(800) 283-7800
(404) 872-0457 Fax
help@arthritis.org
http://www.arthritis.org/ja-alliance-main.php
Materials available
Contact: Carol Galbreath

28
World Hepatitis Day
World Hepatitis Alliance
contact@worldhepatitisalliance.org
http://www.worldhepatitisday.info
Materials available
Contact: Michael Ninburg
August

Children’s Eye Health and Safety Month
Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
http://www.preventblindness.org
Materials available
Contact: PBA Vision Health Resource Center

Psoriasis Awareness Month
National Psoriasis Foundation
6600 SW 92nd Avenue, Suite 300
Portland, OR 97223
(800) 723-9166
(503) 245-0626 Fax
getinfo@psoriasis.org
http://www.psoriasis.org
Materials available
Contact: National Office

National Breastfeeding Month
The United States Breastfeeding Committee
2025 M Street NW, Suite 800
Washington, DC 20036
(202) 367-1132
(202) 367-2132 Fax
office@usbreastfeeding.org
http://www.usbreastfeeding.org/nbm
Materials available
Contact: Megan Renner

1 – 7
World Breastfeeding Week
World Alliance for Breastfeeding Action
P. O. Box 4097
Schaumburg, IL 60168-4079
(847) 519-7730
(847) 969-0460 Fax
waba@waba.org
http://www.worldbreastfeedingweek.org
Materials available
Contact: None designated
September

Childhood Cancer Awareness Month
CureSearch National Childhood Cancer Foundation
4600 East-West Highway, Suite 600
Bethesda, MD 20814
(800) 458-6223
(301) 718-0047 Fax
info@curesearch.org
http://www.curesearch.org/articleview2.aspx?id=7750&l=8810&c=7eb54f
Materials available
Contact: None designated

Fruit and Veggies—More Matters Month
Produce for Better Health Foundation
Centers for Disease Control and Prevention
7465 Lancaster Pike, Suite J, 2nd Floor
Hockessin, DE 19707
(302) 235-2329
(302) 235-5555 Fax
kstevens@pbhfoundation.org
http://www.fruitsandveggiesmorematters.org
Materials available
Contact: Kristen Stevens

Healthy Aging® Month
Educational Television Network, Inc.
P.O. Box 442
Unionville, PA 19375
(610) 793-0979
info@healthyaging.net
http://www.healthyaging.net
Materials available
Contact: Information Specialist

Infant Mortality Awareness Month
First Candle
1314 Bedford Avenue, Suite 210
Baltimore, MD 21208
(410) 653-8226
(410) 653-8709 Fax
info@firstcandle.org
http://www.firstcandle.org
Materials available
Contact: Nadine Goldberg

National Atrial Fibrillation Awareness Month
American Foundation for Women’s Health
P.O. Box 541
Greenwood, TX 76246-0541
(940) 466-9898
mhills@stopafib.org
http://www.stopafib.org
Materials available
Contact: Mellanie True Hills

National Cholesterol Education Month
National Heart, Lung, and Blood Institute
Health Information Center
P.O. Box 30105
Bethesda, MD 20824-0105
(301) 592-8573
(301) 592-8563 Fax
nhlbiinfo@nhlbi.nih.gov
http://hp2010.nhlbihin.net/cholmonth
Materials available
Contact: Information Specialist

National ITP Awareness Month
Platelet Disorder Support Association
133 Rollins Avenue, Suite 500
Rockville, MD 20852
(877) 528-3538
(301) 770-6636
(301) 770-6638 Fax
pdsa@pdsa.org
http://www.pdsa.org/resources/itp-awareness-month.html
Materials available
Contact: Nancy Potthast
**National Pediculosis Association, Inc.**
1005 Boylston Street, #343
Newton, MA 02461
(617) 905-0176
(812) 434-6652 Fax
npa@headlice.org
http://www.headlice.org
Materials available
Contact: Deborah Altschuler

**National Preparedness Month**
Ready Campaign FEMA/DHS
500 C Street SW, Suite 714
Washington, DC 20472
(800) BE-READY (237-3239)
(240) 699-0525 Fax
fema-publications-warehouse@fema.gov
http://www.ready.gov
Materials available
Contact: None designated

**National Recovery Month**
Substance Abuse and Mental Health Services Administration
P.O. Box 2345
Washington, DC 20847-2345
(800) 662-HELP (4357)
(240) 221-4292 Fax
samhsainfo@samhsa.hhs.gov
http://www.recoverymonth.gov
Materials available
Contact: None designated

**National Sickle Cell Month**
Sickle Cell Disease Association of America, Inc.
231 East Baltimore Street, Suite 800
Baltimore, MD 21202
(800) 421-8453
(410) 528-1495
(410) 528-1555 Fax
scdaa@sicklecelldisease.org
http://www.sicklecelldisease.org
Materials available
Contact: None designated

**National Yoga Awareness Month**
Yoga Health Foundation
578 Washington Boulevard., #716
Marina del Rey, CA 90292
(310) 928-6638
join@yogamonth.org
http://www.yogamonth.org
Materials available
Contact: Johannes R. Fisslinger

**Ovarian Cancer Awareness Month**
National Ovarian Cancer Coalition
2501 Oak Lawn Avenue, Suite 435
Dallas, TX 75219
(888) OVARIAN (682-7426)
(214) 273-4200
nocc@ovarian.org
www.ovarian.org/september-awareness.php
Materials available
Contact: None designated

**Prostate Cancer Awareness Month**
ZERO - The End of Prostate Cancer
10 G Street NE, Suite 601
Washington, DC 20002
(888) 245-9455
(202) 463-9455
(202) 463-9456
melissa@zerocancer.org
http://www.zerocancer.org
Materials available
Contact: Melissa Kadish
13 National Celiac Disease Awareness Day
Celiac Sprue Association
P.O. Box 31700
Omaha, NE 68131-0700
(877) 272-4272
(402) 643-4108 Fax
celiacs@csaceliacs.org
http://www.csaceliacs.org
Materials available
Contact: Mary Schluckebier

15 – 21 National Farm Safety & Health Week
National Education Center for Agricultural Safety
10250 Sundown Road
Peosta, IA 52068
(888) 844-6322
(563) 557-0354
(563) 557-0353 Fax
halversc@nicc.edu
http://www.necasag.org
Materials Available
Contact: Charlotte Halverson

15 – 21 National Rehabilitation Awareness Celebration
National Rehabilitation Awareness Foundation
100 Abington Executive Park
Clarks Summit, PA 18441
(800) 943-6723
(570) 341-4637
(570) 341-4331 Fax
jbrogn@allied-services.org
http://www.nraf-rehabnet.org
Materials available
Contact: James Brogna

18 Get Ready Day
American Public Health Association
800 I Street NW
Washington, DC 20001-3710
(202) 777-2509
(202) 777-2500 TTY
(202) 777-2532 Fax
audrey.pernik@apha.org
http://www.aphagetready.org
Materials available
Contact: Charlene Bright
2013 National Health Observances

SEPTEMBER (continued)

18  National School Backpack Awareness Day
    American Occupational Therapy Association, Inc.
    4720 Montgomery Lane, Suite 200
    Bethesda, MD  20824-3449
    (301) 652-6611 (voice mail)
    (800) 377-8555 TDD
    (301) 652-7711 Fax
    praota@aota.org
    http://www.aota.org
    Materials available
    Contact:  Katie Riley

25  National Women’s Health & Fitness Day™
    Health Information Resource Center™
    1850 West Winchester Road, #213
    Libertyville, IL  60048
    (800) 828-8225
    info@fitnessday.com
    http://www.fitnessday.com
    Materials Available
    Contact:  Patricia Henze

27  National Gay Men’s HIV/AIDS Awareness Day
    National Association of People with AIDS
    8401 Colesville Road, Suite 505
    Silver Spring, MD  20910
    (866) 846-9366
    (240) 247-0880
    (240) 247-0574 Fax
    sbailous@napwa.org
    http://www.napwa.org
    Materials available
    Contact:  Stephen Bailous

27  RAINN Day
    Rape, Abuse & Incest National Network (RAINN)
    2000 L Street NW, Suite 406
    Washington, DC  20036
    (800) 656-HOPE (4673)
    National Sexual Assault Hotline
    (202) 544-1034
    rainnday@rainn.org
    http://www.rainn.org/rainnday
    Materials available
    Contact:  Megan Erhardt

27  Sport Purple For Platelets Day
    Platelet Disorder Support Association
    133 Rollins Avenue, Suite 5
    Rockville, MD  20852
    (877) 528-3538
    (301) 770-6636
    (301) 770-6638 Fax
    pdsa@pdsa.org
    http://www.pdsa.org
    Materials available
    Contact:  Nancy Potthast

28  Family Health & Fitness Day USA®
    Health Information Resource Center™
    1850 West Winchester Road, #213
    Libertyville, IL  60048
    (800) 828-8225
    info@fitnessday.com
    http://www.fitnessday.com
    Materials Available
    Contact:  Patricia Henze
2013 National Health Observances

SEPTEMBER (continued)

28
World Rabies Day
Global Alliance for Rabies Control
529 Humboldt Street, Suite 1
Manhattan, KS  66502
(570) 899-4885
peter.costa@worldrabiesday.org
http://www.worldrabiesday.org
Materials available
Contact:  Peter Costa

29
World Heart Day
World Heart Federation
7 Rue des Battoirs, Case postale 155
1211 Geneva 4
SWITZERLAND
info@worldheart.org
http://www.worldheart.org
Materials available
Contact: Cynthia Haro
October

Domestic Violence Awareness Month
National Coalition Against Domestic Violence
One Broadway, Suite B210
Denver, CO 80203
(303) 839-1852
(303) 839-8459 TTY
(303) 831-9251 Fax
mainoffice@ncadv.org
http://www.ncadv.org/takeaction/
   DomesticViolenceAwarenessMonth.php
Materials available
Contact: None designated

Eye Injury Prevention Month
American Academy of Ophthalmology
P.O. Box 7424
San Francisco, CA 94120-7424
(415) 447-0258
(415) 561-8533 Fax
eyemd@aao.org
http://www.geteyesmart.org/eyesmart/injuries/index.cfm
Materials available
Contact: Georgia Alward

Health Literacy Month
Health Literacy Consulting
31 Highland Street, Suite 201
Natick, MA 01760
(508) 653-1199
(508) 650-9492 Fax
helen@healthliteracy.com
http://www.healthliteracymonth.org
Materials available
Contact: Helen Osborne

Home Eye Safety Month
Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
http://www.preventblindness.org
Materials available
Contact: PBA Vision Health Resource Center

National Breast Cancer Awareness Month
National Breast Cancer Awareness Month
Board of Sponsors
C1C-315 1800 Concord Pike
Wilmington, DE 19850-5437
nbcamquestions@yahoo.com
http://www.nbcam.org
Materials available
Contact: None designated

National Bullying Prevention Month
PACER Center, Inc.
8161 Normandale Blvd.
Bloomington, MN 55437
(888) 248-0822
(952) 838-0199 Fax
bullying411@pacer.org
http://www.pacer.org/bullying/nbpm/
Materials available
Contact: None designated
OCTOBER (continued)

National Down Syndrome Awareness Month
National Down Syndrome Society
666 Broadway
New York, NY 10012
(800) 221-4602
(212) 979-2873 Fax
info@ndss.org
http://www.ndss.org
Materials available
Contact: Educational Services

National Medical Librarians Month
Medical Library Association
65 East Wacker Place, Suite 1900
Chicago, IL 60601-7246
(312) 419-9094 x11
(312) 419-8950 Fax
mlams@mlahq.org
http://www.mlanet.org
Materials available
Contact: Tomi Gunn

National Physical Therapy Month
American Physical Therapy Association
1111 North Fairfax Street
Alexandria, VA 22314-1488
(800) 999-2782
(703) 684-2782 x3248
(703) 706-8578 Fax
public-relations@apta.org
http://www.apta.org/nptm
Materials available
Contact: Public Relations Department

Sudden Infant Death Syndrome Awareness Month
First Candle
1314 Bedford Avenue, Suite 210
Baltimore, MD 21208
(410) 653-8226
(410) 653-8709 Fax
info@firstcandle.org
http://www.firstcandle.org
Materials available
Contact: Nadine Goldberg

7 – 11
Drive Safely Work Week
Network of Employers for Traffic Safety
344 Maple Avenue West, #357
Vienna, VA 22180
(888) 221-0045
(703) 273-6005
(703) 273-7122 Fax
nets@trafficsafety.org
http://www.trafficsafety.org
Materials available
Contact: Liz Stevens

7 – 13
Mental Illness Awareness Week
National Alliance on Mental Illness
3803 North Fairfax Drive, Suite 100
Arlington, VA 22203
(800) 950-6264 Helpline
(703) 524-7600
(703) 524-9094 Fax
info@nami.org
http://www.nami.org
Materials available
Contact: None designated
OCTOBER (continued)

9
Walk to School Day
National Center for Safe Routes to School
730 Martin Luther King, Jr. Blvd, Suite 300 / Campus Box 3430
Chapel Hill, NC 27599-3430
866-610-SRTS (7787)
walk@walktoschool.org
http://www.walkbiketoschool.org
Materials available
Contact: Susan Byszeski

12 – 20
Bone and Joint Health National Awareness Week
U.S. Bone and Joint Initiative
6300 North River Road
Rosemont, IL 60018
(847) 430-5053
(847) 430-5052
(847) 823-1822 Fax
usbji@usbji.org
http://www.usbji.org
Materials available
Contact: Toby King

14 – 18
National Health Education Week
Society for Public Health Education
10 G Street NE, Suite 605
Washington, DC 20002-4242
(202) 408-9804
(202) 408-9815 Fax
info@sophe.org
http://www.sophe.org/nnew.cfm
Materials available
Contact: Julia Gin

15
National Latino AIDS Awareness Day
Latino Commission on AIDS
24 West 25th Street, 9th Floor
New York, NY 10010
(212) 584-9315
(212) 202-3620 Fax
mramirez@latinoaids.org
http://www.nlaad.org
Materials available
Contact: Melissa Faith Ramirez

20 – 26
International Infection Prevention Week
Association for Professionals in Infection Control and Epidemiology
1275 K Street NW, Suite 1000
Washington, DC 20005-4006
(202) 789-1890
(202) 789-1899 Fax
info@apic.org
http://www.iipw.site.apic.org/about
Materials available
Contact: None designated

20 – 26
Respiratory Care Week
American Association for Respiratory Care
9425 North MacArthur Boulevard, Suite 100
Irving, TX 75063
(972) 243-2272
(972) 484-2720 Fax
info@aarc.org
http://www.aarc.org/rcweek
Materials available
Contact: Public Relations
2013 National Health Observances

OCTOBER (continued)

22
International Stuttering Awareness Day
Stuttering Foundation of America
1805 Moriah Woods Boulevard, #3
P.O. Box 11749
Memphis, TN 38111-0749
(800) 992-9392
(800) 967-7700
(901) 761-0484 Fax
info@stutteringhelp.org
http://www.stutteringhelp.org
Materials available
Contact: Jane Fraser

23 – 31
Red Ribbon Week
National Family Partnership at Informed Families Education Center
2409 Coral Way, Suite 501
Miami, FL 33145
(800) 705-8997
(305) 856-4886
(305) 856-4815 Fax
agoldstein@informedfamilies.org
http://www.nfp.org
http://www.redribbon.org
Materials available
Contact: Amy Goldstein
2013 National Health Observances

November

American Diabetes Month
American Diabetes Association
1701 North Beauregard Street
Alexandria, VA 22311
(800) DIABETES (342-2383)
(703) 549-1500
(703) 549-6995 Fax
askada@diabetes.org
http://www.diabetes.org/in-my-community/
programs/american-diabetes-month
Materials available
Contact: Local Chapters

COPD Awareness Month
American Lung Association
1301 Pennsylvania Avenue NW, Suite 800
Washington, DC 20004
(800) 548-8252
(202) 785-3355
(202) 452-1805 Fax
mike.townsend@lung.org
http://www.lung.org
Materials available
Contact: Mike Townsend

Diabetic Eye Disease Month
Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
http://www.preventblindness.org
Materials available
Contact: PBA Vision Health Resource Center

Lung Cancer Awareness Month
Lung Cancer Alliance
888 16th Street NW, Suite 150
Washington, DC 20006
(202) 463-2080
(202) 463-7497 Fax
info@lungcanceralliance.org
http://www.lungcanceralliance.org
Materials available
Contact: Kay Cofrancesco

National Alzheimer’s Disease Awareness Month
Alzheimer’s Association
225 North Michigan Avenue, 17th Floor
Chicago, IL 60601-7633
(800) 272-3900
(312) 335-4078
(866) 699-1246 Fax
info@alz.org
http://www.alz.org
Materials available
Contact: None designated

National Family Caregivers Month
National Family Caregivers Association
10400 Connecticut Avenue, Suite 500
Kensington, MD 20895-3944
(800) 896-3650
(301) 942-2302 Fax
info@thefamilycaregiver.org
http://www.thefamilycaregiver.org
Materials available
Contact: None designated
NOVEMBER (continued)

National Healthy Skin Month
American Academy of Dermatology
930 East Woodfield Road
Schaumburg, IL  60173
(888) 462-DERM (3376)
(847) 330-0230
(847) 330-8907 Fax
mediarelations@aad.org
http://www.aad.org
Materials available
Contact:  Allison Sit

National Hospice Palliative Care Month
National Hospice and Palliative Care Organization
1731 King Street, Suite 100
Alexandria, VA  22314
(800) 658-8898 or (800) 646-6460
(703) 837-1500
(703) 837-1233 Fax
jradulovic@nhpco.org
http://www.nhpco.org
Materials available
Contact:  Jon Radulovic

National Stomach Cancer Awareness Month
No Stomach For Cancer, Inc.
9202 Waterside Street, #203
Middleton, WI  53562
(608) 335-0241
info@nostomachforcancer.org
http://www.nostomachforcancer.org
Materials available
Contact:  Karen Chelcun-Schreiber

Great American Smokeout
American Cancer Society
250 Williams Street NW
Atlanta, GA  30303
(800) ACS-2345 (227-2345)
http://www.cancer.org
Materials available
Contact: National Office

24 – 30
Gastroesophageal Reflux Disease Awareness Week
International Foundation for Functional Gastrointestinal Disorders
700 West Virginia Street, #201
Milwaukee, WI 53204
(888) 964-2001
(414) 964-1799
(414) 964-7176 Fax
iffgd@iffgd.org
http://www.aboutgerd.org/site/about-gerd/gerd-awareness-week
Materials available
Contact:  Nancy Norton
December

Safe Toys and Gifts Month
Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(312) 363-6052 Fax
http://www.preventblindness.org
Materials available
Contact: PBA Vision Health Resource Center

1
World AIDS Day
World AIDS Campaign
Van Diemenstraat 192 1013 CP Amsterdam
THE NETHERLANDS
+31 20 616 9045
info@worldaidscampaign.org
http://www.worldaidsday.org/about-world-aids-day.php
Materials available
Contact: None designated

1 - 7
National Handwashing Awareness Week
Henry the Hand Foundation
11714 U.S. Route 42
Cincinnati, OH 45241
(513) 769-HAND (4263)
dr.will@henrythehand.com
http://www.henrythehand.com
Materials available
Contact: Dr. Will Sawyer
2013 National Health Observances

The Year 2013 at a Glance

JANUARY
National Birth Defects Prevention Month
National Glaucoma Awareness Month
National Radon Action Month
Thyroid Awareness Month
6 – 12 National Folic Acid Awareness Week

FEBRUARY
AMD/Low Vision Awareness Month
International Prenatal Infection Prevention Month
National Children’s Dental Health Month
Teen Dating Violence Awareness Month
1 Give Kids A Smile® Day
1 National Wear Red® Day
7 National Black HIV/AIDS Awareness Day
7 – 14 Congenital Heart Defect Awareness Week
14 National Donor Day

MARCH
National Colorectal Cancer Awareness Month
National Endometriosis Awareness Month
National Nutrition Month®
Save Your Vision Month
Trisomy Awareness Month
Workplace Eye Wellness Month
3 – 10 National Sleep Awareness Week®
4 – 8 National School Breakfast Week
11 – 17 Brain Awareness Week
14 World Kidney Day
18 – 22 Flood Safety Awareness Week
18 – 22 National Youth Violence Prevention Week
18 – 24 National Poison Prevention Week
24 World Tuberculosis Day
24 – 30 National Tsunami Preparedness Week
26 American Diabetes Alert Day

APRIL
Alcohol Awareness Month
Irritable Bowel Syndrome Month
National Autism Awareness Month
National Child Abuse Prevention Month
National Distracted Driving Awareness Month
National Donor Life Month
National Facial Protection Month
National Minority Health Month
Occupational Therapy Month
Sports Eye Safety Awareness Month
STI Awareness Month
1 – 7 National Public Health Week
2 SAAM (Sexual Assault Awareness Month) Day of Action
11 National Alcohol Screening Day®
20 – 27 National Infant Immunization Week
21 – 27 National Infertility Awareness Week
24 World Meningitis Day
29 – May 3 Air Quality Awareness Week

MAY
Arthritis Awareness Month
Better Hearing and Speech Month
Global Employee Health and Fitness Month
Healthy Vision Month
Hepatitis Awareness Month
Lupus Awareness Month
Melanoma/Skin Cancer Detection and Prevention Month®
Mental Health Month
National Asthma and Allergy Awareness Month
National Celiac Disease Awareness Month
National High Blood Pressure Education Month
National Mediterranean Diet Month
National Osteoporosis Awareness and Prevention Month
National Toxic Encephalopathy and Chemical Injury Awareness Month
Ultraviolet Awareness Month
Preeclampsia Awareness Month
5 – 11 Children’s Mental Health Awareness Week
5 – 11 North American Occupational Safety and Health Week
8 National Bike to School Day
11 Cornelia de Lange Syndrome Awareness Day
12 – 18 Food Allergy Awareness Week
13 – 17 National Neuropathy Awareness Week
13 – 19 National Alcohol- and Other Drug-Related Birth Defects Awareness Week
13 – 19 National Stuttering Awareness Week
18 HIV Vaccine Awareness Day
19 National Asian and Pacific Islander HIV/AIDS Awareness Day
20 World Autoimmune Arthritis Day
21 – 27 Recreational Water Illness and Injury Prevention Week
24 Heat Safety Awareness Day
26 – June 1 National Hurricane Preparedness Week
29 National Senior Health & Fitness Day®

JUNE
Cataract Awareness Month
Men’s Health Month
National Aphasia Awareness Month
National Congenital Cytomegalovirus Awareness Month
National Safety Month
National Scleroderma Awareness Month
1 - July 4 Fireworks Safety Month
2 National Cancer Survivors Day
2 – 8 National Rip Current Awareness Week
10 – 16 Men’s Health Week
19 World Sickle Cell Day
23 – 29 National Lightning Safety Awareness Week
27 National HIV Testing Day

JULY
Cord Blood Awareness Month
International Group B Strep Awareness Month
Juvenile Arthritis Awareness Month
28 World Hepatitis Day

AUGUST
Children’s Eye Health and Safety Month
National Breastfeeding Month
Psoriasis Awareness Month
1 – 7 World Breastfeeding Week

SEPTEMBER
Childhood Cancer Awareness Month
Fruit and Veggies—More Matters Month
Healthy Aging® Month
Infant Mortality Awareness Month
National Atrial Fibrillation Awareness Month
National Cholesterol Education Month
National ITP Awareness Month
National Pediculosis Prevention Month/Head Lice Prevention Month
National Preparedness Month
National Recovery Month
National Sickle Cell Month
National Yoga Awareness Month
Ovarian Cancer Awareness Month
Prostate Cancer Awareness Month
Whole Grains Month

JULY
Cord Blood Awareness Month
International Group B Strep Awareness Month
Juvenile Arthritis Awareness Month
28 World Hepatitis Day

AUGUST
Children’s Eye Health and Safety Month
National Breastfeeding Month
Psoriasis Awareness Month
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SEPTEMBER
Childhood Cancer Awareness Month
Fruit and Veggies—More Matters Month
Healthy Aging® Month
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National Cholesterol Education Month
National ITP Awareness Month
National Pediculosis Prevention Month/Head Lice Prevention Month
National Preparedness Month
National Recovery Month
National Sickle Cell Month
National Yoga Awareness Month
Ovarian Cancer Awareness Month
Prostate Cancer Awareness Month
Whole Grains Month
2013 National Health Observances

OCTOBER
World Alzheimer’s Month
13 National Celiac Disease Awareness Day
15 – 21 National Farm Safety & Health Week
15 – 21 National Rehabilitation Awareness Celebration
18 Get Ready Day
18 National School Backpack Awareness Day
25 National Women’s Health & Fitness Day™
27 National Gay Men’s HIV/AIDS Awareness Day
27 RAINN Day
27 Sport Purple For Platelets Day
28 Family Health & Fitness Day USA®
28 World Rabies Day
29 World Heart Day

Home Eye Safety Month
National Breast Cancer Awareness Month
National Bullying Prevention Month
National Down Syndrome Awareness Month
National Medical Librarians Month
National Physical Therapy Month
Sudden Infant Death Syndrome Awareness Month
7 – 11 Drive Safely Work Week
7 – 13 Mental Illness Awareness Week
9 Walk to School Day
12 – 20 Bone and Joint Health National Action Week
14 – 18 National Health Education Week
15 National Latino AIDS Awareness Day
20 – 26 International Infection Prevention Week
20 – 26 Respiratory Care Week
22 International Stuttering Awareness Day
23 – 31 Red Ribbon Week

NOVEMBER
American Diabetes Month
COPD Awareness Month
Diabetic Eye Disease Month
Lung Cancer Awareness Month
National Alzheimer’s Disease Awareness Month
National Family Caregivers Month
National Healthy Skin Month
National Hospice Palliative Care Month
National Stomach Cancer Awareness Month
21 Great American Smokeout
24 – 30 Gastroesophageal Reflux Disease Awareness Week

DECEMBER
Safe Toys and Gifts Month
1 World AIDS Day
1 – 7 National Handwashing Awareness Week